

**Capital Northeast Martial Arts
Class Schedule**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30 - 5:00 Little Dragons	4:30 - 5:15 Black Belt Club	4:30 - 5:00 Little Dragons	4:30 - 5:15 Black Belt Club	4:30 - 5:15 Junior TKD White thru Black	
5:00 - 5:45 Junior TKD White thru Green	5:15 - 6:00 Junior TKD Purple thru Black	5:00 - 5:45 Junior TKD White thru Orange	5:15 - 6:00 Junior TKD Yellow thru Purple	5:30 - 6:15 Black Belt Club	10:00 - 10:45 Junior TKD White thru Black
5:45 - 6:30 Junior TKD Blue thru Black	6:00 - 6:45 Junior TKD White thru Blue	5:45 - 6:30 Junior TKD Green thru Black	6:00 - 6:45 Junior TKD Red thru Black Belt		11:00 - 12:00 Adult TKD
7:00 - 8:00 Adult TKD	6:45 - 7:45 Adult TKD	6:30 - 7:30 Adult TKD	6:45 - 7:45 Adult TKD		

\$45 for 30 day trial offer, includes an official CNMA uniform